

Volunteer: Crisis Support Drop-In service (Swadlincote)

Are you welcoming, non-judgemental, and a great listener?

- Do you live in or near Swadlincote?
- Are you interested in volunteering with a really supportive organisation such as Derbyshire Mind?
- Are you available on Friday evenings, Saturday evenings, and Sunday afternoons?

Derbyshire Mind's successful Crisis Support Drop-In service is coming to both Swadlincote and Ripley in December 2023. Just like at Buxton, these two new local services will provide support to adults who are experiencing or nearing a mental health crisis in a safe and welcoming non-clinical environment.

We are looking for reliable and supportive volunteers who feel passionate about helping people in need to help us. If that sounds like you then we would really love to hear from you!



The Role

Role: Volunteer: Crisis Support Drop-In service (Swadlincote)

Hours: A minimum of one shift per week, or two shifts per fortnight.

Reimbursement: Expenses paid in line with our volunteer policy. Including reasonable travel expenses (*up to maximum £15 per day*) and meal expenses when working a shift of 6 hours (*up to maximum £4.50*)

Location: Swadlincote Town Centre

Advert Closing Date: 11.59pm on Sunday 22nd October 2023

Informal Interview Date: October 2023

Staff and Volunteer Training Period: Late November 2023 – Dates to be confirmed.

Service Start Date: Early December 2023

About Derbyshire Mind's Crisis Support Drop-In services:

Derbyshire Mind's Crisis Support Drop-In services are friendly & supportive non-clinical crisis services for adults who self-define as needing immediate help with their mental health or emotional wellbeing. Located in Buxton, Ripley and Swadlincote, the services offer out-of-hours mental health help, support and signposting in a relaxed and comfortable community environment.

Purpose of the Volunteering Role:

The purpose of this volunteer role is to facilitate the smooth running of Derbyshire Mind's Crisis Support Drop-In service in Swadlincote by presenting a warm and friendly and non-

judgemental presence, welcoming and supporting attendees, assisting the Support Workers, and offering support to help attendees engage with various calming activities.

For more details, including a description of the typical tasks involved with this volunteer role, please download and read the **Role Description** document below.

Volunteer Shifts Available:

Shifts will always include 30 minutes at the start and end of the service for setting up, tidying away, and wellbeing check-ins.

The Volunteer shifts available will therefore be:

- Friday nights: 5.30-11.30pm (6 hours)
- Saturday nights: 5.30-11.30pm (6 hours)
- Sunday afternoons: 2.00-6.00pm (4 hours)

Volunteers will also be required to attend team wide meetings, and also one-to-one meetings with their supervisor, once every 6 weeks.

We are looking for volunteers that can provide support for **at least** one shift per week, or two shifts every other week/fortnight.

Training:

All volunteers will receive comprehensive training before they start supporting the service. This will include teaching you skills that will help you support someone experiencing emotional distress. This training will take place in July.

Access to a Car:

A driving license and access to a car is necessary for this volunteering role as the service operates at night times and weekends when public transport doesn't run or is less reliable, and we want for you to get home safely!

How to Apply for the Volunteering Opportunity:

Application Instructions:



- Please read through the Role Description below.
- If you would like to apply for the role please download and complete the Volunteer Application Form, also below.
- Then you need to e-mail your completed Application Form to:
recruitment@derbyshiremind.org.uk
If possible, please also include a completed Equal Opportunities Form (optional).
- Please quote the service location and your name in the subject line of the email.

For an Informal Chat about the Role and/or Service before Applying:

Please contact Pete Rogers (Service Lead) at **pete.rogers@derbyshiremind.org.uk** to arrange a time for a phone call.

Closing Date for Applications:

Please send your email containing your completed Application Form and Equal Opportunities Form before the closing date of: **11.59pm on Sunday 22nd October 2023**

Invitation for Informal Interview Email:

You will be notified following closing if you have been invited for an informal interview. Please look out for an email from us, including checking your Junk Inbox.

Informal Interview Date:

- Informal interviews will be held in person or via video call in October. The date/time/method will be confirmed in your interview invite email.
- The interview will be very informal and is an opportunity for us to have a chat with you and find out more about why you would like to be a Crisis Support Drop-In Volunteer. We can also answer any more questions you might have about the role and the commitment, and find out how we can best support you in the role

This volunteer opportunity is subject to a criminal records check with the Disclosure and Barring Service, and two references.

About Derbyshire Mind:

Derbyshire Mind is a local independent mental health charity within the national Mind network. Our focus is on improving mental health and wellbeing for people across Derby and Derbyshire. We provide a range of advocacy and community mental wellbeing services

designed to support people with mental health problems as well as the wider population. We have over 50 years' experience of working locally, supporting people in Derby and Derbyshire to maintain good mental health.

Derbyshire Mind's Vision: For everyone in Derbyshire to have good mental wellbeing and to live their best life.

Derbyshire Mind's Values:

Working Together: We work alongside others for the greater good

Learning Together: We always aim to do things better

Empowering: We support people to fulfil their potential

Respectful: We don't judge, we treat others as equals

Positive: We are progressive and focus on solutions

APPLICATION FORM

VOLUNTEER ROLE DESCRIPTION

EQUAL OPPORTUNITIES FORM

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Our Commitment to Quality
Our Policies

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Fundraising Ideas
Fundraising Tips
Give While You Shop

CONTACT US

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